

Psych-meds

Tears well up in the backs of my eyes,

Tears of grief, of sadness

Which can't get through the dam of the psych meds

Mood stabilizers that prevent me from feeling what

I need to feel.

The perfect pill? Here's a

A zombie, no side effects,

Joy being a complete accident as likely as hitting the lottery

Anti-psychotics combatting depression

How do I feel about this? I don't. I try but I can't

The tears don't get through.

Dan S